



The Career Maze

by Heather Carpenter, New Holland, \$24.99

If you have always known how you wanted to make your career and things have turned out just as you have foreseen, then lucky you. You are one of what Heather Carpenter calls 'bright lights'. Finding the occupation that has the right fit is rarely so straight forward and many young people find themselves making false starts, to their own and their families' consternation. The *Career Maze* is full of sensible advice on how parents can instill self knowledge, self belief and self confidence in their children, providing an environment in which they can come to the decisions that are right for them.

Alumna Heather Carpenter is a careers consultant and counsellor.